

This is the first newsletter from Appin Lismore Community Cares programme to keep you up to date with developments in providing more local and responsive services for people in our communities of Appin and Lismore.

Appin Community Trust is working in partnership with Highland Home Carers and Argyll and Bute Health and Social Care Partnership to improve the services which we can deliver to help people to continue to live and be supported within their own homes and their own communities.

Our new service is still in the early stages of development but we want to make sure that we keep all of you up to date with this and to make sure that you can ask any questions and raise any ideas or suggestions that you may have.

For this first newsletter we are covering:

1. Information about our new Community Co-ordinator
2. Information about the service
3. Information about the Carers



#### **Community Co-ordinator**

We are delighted to have appointed Liz Bruce as our Community Co-ordinator for the scheme. Liz has a wealth of experience in community nursing (in Norfolk) where she worked in a variety of posts for 30 years. She is very experienced in joint working and project work.

When Liz moved to Scotland she worked as a receptionist/dispenser in Port Appin Surgery.

She left Scotland 4 yrs ago. Liz is immensely enthusiastic about the project and so proud to be the Coordinator.

She is also so pleased to be back in the area which feels like home!

## **Appin and Lismore Community Care scheme. (A&LCC)**

You can get support to live in your own home.

### **How it works**

In Scotland free personal care is provided for anyone who has eligible needs over the age of 65years. The Social Care (Self Directed Support) Scotland Act allows people to choose how their support is provided to them.

#### **1-REFERRAL**

To receive care at home you will be referred to the Social Work Department in Oban. A referral to the department can be made by anyone (including the person) if they are concerned about a friend or family member. A G.P can also make a referral.

#### **2 -ASSESSMENT**

A Social Worker will visit and assess your needs. Following the assessment you will be informed of your budget to enable you to plan your support.

#### **3-YOU CHOOSE**

Under the provision of A&LCC you can

OPTION 1. You can receive a direct payment from Social Services for you to arrange your own support and care. (this will mean employing someone to care for you)

OPTION 2. This option enables you to use Appin and Lismore Community Care Services. You direct your own care and support, the money is managed by Highland Home Carers (an individual service fund provider) and can only be used for your care.

#### **4-CARE-YOU TAKE CONTROL**

If you have chosen Option 1-you will be required to set up a bank account and employ someone to provide your care and support.

If you have chosen Option 2-As soon as finances are in place the Social Worker will inform Appin and Lismore Community Care Coordinator Liz Bruce who will arrange to visit you to discuss and plan & implement your care.

You can choose care and support that helps you to achieve the things that have been agreed in your plan, you can get support to live in your own home. How you use the hours that have been allocated to you is up to you.

**For more information & discussion please contact:Liz Bruce-Appin and Lismore Community Care Coordinator on 01631730533**

## WHO ARE THE CARERS?



**Flora**



**Cameron**



**Amanda**

All of our carers have been interviewed and recruited to the new service and are now employees of Highland Home Carers. They are undergoing training to make sure that they have the right skills and knowledge to care for people in Appin and Lismore. Additional carers are in the process of being recruited.



**Janette**

Our carers will have new uniforms with a brand new logo which will be selected in a competition which will be open to everyone in the community. More information will follow soon.



**Mary**



**Anna**



**Vivienne**